



# LEVEL 5 AWARD IN

**BODY DYSMORPHIC DISORDER AND PSYCHOLOGICAL FIRST AID**



UKPRN:10100248 APPROVED QUALIFI CENTRE: QCN8196 CPD PROVIDER: 778589

RATED EXCELLENT



# Level 5 Award in Body Dysmorphic Disorder and Psychological First Aid

This qualification is designed to give you a deeper understanding of **body dysmorphic disorder (BDD)** and how to safely manage client expectations, behaviours and psychological wellbeing within aesthetic practice.

It supports you in working ethically, recognising red flags and protecting both your clients and your business.

## WHAT YOU'LL COVER

You'll gain an understanding of:

- What body dysmorphic disorder is and how it presents
- Recognising signs and behaviours in clients
- Psychological first aid principles
- Managing consultations and setting boundaries
- Ethical decision making within aesthetic practice
- When and how to decline treatment safely

This ensures you are working with a strong level of awareness and professionalism when dealing with clients.

## COURSE STRUCTURE

- Completed online with tutor support
- Portfolio-based with written assignments
- Flexible study around your schedule
- Typical completion: 4–8 weeks

## ENTRY REQUIREMENTS

- Must be 18+
- Basic English proficiency

## PRICING

**Pay in full:** £549

**Spread the cost:** £600 total

- Enrolment fee: £200
- Remaining balance: £400
- 5 monthly payments of £80

